MHNP Consulting

Sonia Miller MHSc CMHN NP



Multi-theoretical Psychotherapy & Professional Consulting

MHNP Consulting operates 9 – 5 Monday to Friday

After-Hours Support Services If you are requiring emergency services call "000"

for ATAPS clients1800 445 511Suicide Call back service24 hours/7 days1311 14Suicide Help Line24 hours/7 days1300 651 251Kids Help Line24 hours/7 days1300 789 978Beyond Blue24hours/7 days1300 224 636Parent Line8 am - 12 midnight M - F 10am - 10pm weekends13 22 89Gambler's Help Line24 hours / 7 days1800 858 858Gambler's Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood9am - 5pm weekdays 10am - 6pm weekends 8 Public Holidays9813 517Directline - phone counselling & referral Syringe Program24 hours/7 days1800 888 236CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203 1300 600 0531Syringe Program Syringe Helpline24 hour toll free service1800 014 446 for young peopleSyringe Helpline1800 0152 3551300 660 068Family Drug Help The 'listening ear' service1300 600 0681300 660 068	Service	Hours	Contacts
sindex.htm Eastern Health Peninsula Mental Health Service Southern Health Austin Health St Vincent's Health Suicide Call back service Lifeline Suicide Help Line Suicide Help Line Suicide Help Line Cathetic Help Line Suicide Call back service Suicide Suicide Help Line Suicide Help Line Suicide Call back service Suicide Call back service Suicide Plastern Suicide Plastern Suicide Plastern Suicide Plastern Suicide Plastern Suicide Plastern Suicide Culter Suicide Help Line Suicide Culter Suicide Child Helth Telephone Service Suicide Child Health Telephone Service Suicide Child Health Telephone Service Suicide Housing – Ningwood Suicide Child Health Telephone Service Suicide Housing – Ningwood Suicide Suicide	Public Mental Health Triage	All 24hours/7 days	
Eastern Health Peninsula Mental Health Service Southern Health Austin Health1300 721 927 1300 792 977 1300 859 0789 1300 859 789 1300 859 789 1300 859 789 1300 859 785St Vincent's Health1300 859 789 1300 859 785Suicide Call back service1800 445 511Lifeline24 hours/7 daysSuicide Help Line24 hours/7 daysKids Help Line24 hours/7 daysKids Help Line24 hours/7 daysBeyond Blue1300 224 636Parent Line8 am - 12 midnight M - F 10am - 10pm weekendsGambler's Help Line24 hours / 7 daysChild Protection Eastern24 hours / 7 daysChild Protection Eastern24 hours / 7 daysChild Protection Eastern9 am - 5pm weekdays Spm - 8.45pm A-HoursWomen's Domestic Violence Outreach Service9 am - 5pm weekdaysWomen's Domestic Violence Crisis Service24 hours/7 daysMelbourne Youth Support10am - 8pm M- F 10am - 6pm weekendsOffice of Housing - Ringwood Office of Housing - Box Hill10am - 8pm M- F 10am - 6pm weekendsDirectline - phone counselling & referral Syringe Program24 hours/7 daysDirectline - phone counselling & referral Syringe Program24 hours/7 daysDirectline - phone counselling & referral Syringe HelpIne24 hours/7 daysSyringe Program7.30 - 11pm/ 7 nightsSyringe HelpIne Syringe HelpIne124 hours/7 daysSyringe HelpIne Syringe HelpIne1300 352 355Family Drug Help The 'listening ear' service for families experiencing D&A difficulties	http://www.health.vic.gov.au/mentalhealth/service		
Peninsula Mental Health Service 1300 792 977 Southern Health 1300 359 789 Austin Health 1300 359 789 St Vincent's Health 1300 558 862 ATAPS After Hours Support Service - only for ATAPS Clients 1800 445 511 Suicide Call back service 1800 445 511 Lifeline 24 hours/7 days 1300 729 77 Suicide Help Line 24 hours/7 days 1300 651 800 Men's line 24 hours/7 days 1300 224 636 Parent Line 8 am - 12 midnight M - F 1300 224 636 Parent Line 8 am - 12 midnight M - F 1300 131 973 Child Protection Eastern 24 hours / 7 days 1800 858 858 Gambler's Help Line 24 hour toll free service 1300 360 391 Eastern Domestic Violence Outreach Service 9am - 5pm weekdays 5pm - 8.45pm A-Hours 9259 4200 Women's Domestic Violence Crisis Service 10am - 8pm M-F 10am - 6pm weekends 1300 800 531 88 Metonal & Child Health Telephone Service 10am - 6pm weekends 1800 800 531 88 Directline - phone counselling & referral 24 hours/7 days 1322 29 Melbourne Youth Support			
Southern Health 1300 369 012 Austin Health 1300 059 789 St Vincent's Health 1300 859 788 ATAPS After Hours Support Service - only for ATAPS clients 1800 445 511 Suicide Call back service 1800 445 511 Lifeline 24 hours/7 days 1310 789 978 Kids Help Line 24 hours/7 days 1300 789 978 Beyond Blue 24 hours/7 days 1300 224 636 Parent Line 8 am - 12 midnight M - F 1300 131 973 Child Protection Eastern 24 hours / 7 days 1800 858 858 Gambler's Help Line 24 hours / 7 days 1300 131 973 Child Protection Eastern 24 hours / 7 days 1300 360 391 Eastern Domestic Violence Outreach 9am - 5pm weekdays 5pm - 8.45pm A-Hours 9259 4200 Office of Housing - Ringwood 9871 5199 9871 5199 Office of Housing - Ringwood 10am - 8pm M - F 9614 3688 Naternal & Child Health Telephone Service 24 hours/7 days 1800 800 531 Directline - phone counselling & referral 24 hours/7 days 1800 800 531 Directline - phone counselling & referral			1300 721 927
Austin Health 1300 859 789 St Vincent's Health 1300 558 862 ATAPS After Hours Support Service - only for ATAPS clients 1800 445 511 Suicide Call back service 1800 445 511 Lifeline 24 hours/7 days 1311 14 Suicide Help Line 1300 651 251 1300 789 978 Reyond Blue 24 hours/7 days 1300 789 978 Beyond Blue 24 hours/7 days 1300 789 978 Parent Line 8 am - 12 midnight M - F 1300 789 978 Gambler's Help Line 24 hours / 7 days 1300 789 978 Gambler's Help Line 24 hours / 7 days 1800 858 858 Gambler's Help Line 24 hours / 7 days 1800 858 858 Gambler's Help Eastern 1300 131 973 1310 131 973 Child Protection Eastern 24 hour toll free service 1300 360 391 Eastern Domestic Violence Outreach 9am - 5pm weekdays 5pm - 8.45pm A-Hours 9259 4200 Service 24hours/7 days 1800 015 188 Housing 9871 5199 9843 6577 Office of Housing - Ringwood 10am - 8pm M-F 9614 3688	Peninsula Mental Health Service		1300 792 977
St Vincent's Health1300 558 862ATAPS After Hours Support Service - only for ATAPS clients1800 859 585Suicide Call back service1800 445 511Lifeline24 hours/7 days1310 141Suicide Help Line24 hours/7 days1300 651 251Kids Help Line24 hours/7 days1300 789 978Beyond Blue24 hours/7 days1300 224 636Parent Line8 am - 12 midnight M - F 10am - 10pm weekends1300 858 858Gambler's Help Line24 hours / 7 days1800 858 858Gambler's Help Line24 hour coll free service1300 131 973Child Protection Eastern24 hour coll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill10am - 8pm M- F 10am - 8pm M- F 19614 36889614 3688 1800 805 531Directline - phone counselling & referral Syringe Program24 hour coll free service1800 882 236CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203 Syringe ProgramVSAS Drug & alcohol assessment & referral Syringe Helpline24 hour toll free service Family Drug Help The Netheria Bar for service for families experiencing D&A difficulties24 hour toll free service 1300 660 668	Southern Health		1300 369 012
ATAPS After Hours Support Service - only for ATAPS clients1800 859 585Suicide Call back service1800 445 511Lifeline24 hours/7 days131114Suicide Help Line24 hours/7 days1800 551 800Kids Help Line24 hours/7 days1300 789 978Beyond Blue24 hours/7 days1300 789 978Parent Line8 am - 12 midnight M - F 10am - 10pm weekends1300 224 636Gambler's Help Line24 hours / 7 days1800 858 858Gambler's Help Line24 hours / 7 days1800 858 858Gambler's Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Office of Housing - Ringwood Office of Housing - Box Hill13 22 249871 5199Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688Directline - phone counselling & referral Syringe Program24 hour toll free service1800 808 531Directline - phone counselling & referral Syringe Program24 hour toll free service1800 014 446YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 652 3551300 660 0681300 660 068			1300 859 789
for ATAPS clients1800 445 511Suicide Call back service24 hours/7 days1311 14Suicide Help Line24 hours/7 days1300 651 251Kids Help Line24 hours/7 days1300 789 978Beyond Blue24hours/7 days1300 224 636Parent Line8 am - 12 midnight M - F 10am - 10pm weekends13 22 89Gambler's Help Line24 hours / 7 days1800 858 858Gambler's Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood9am - 5pm weekdays 10am - 6pm weekends 8 Public Holidays9813 517Directline - phone counselling & referral Syringe Program24 hours/7 days1800 888 236CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203 1300 600 0531Syringe Program Syringe Helpline24 hour toll free service1800 014 446 for young peopleSyringe Helpline1800 0152 3551300 660 068Family Drug Help The 'listening ear' service1300 600 0681300 660 068	St Vincent's Health		1300 558 862
Suicide Call back service 1800 445 511 Lifeline 24 hours/7 days 13 11 14 Suicide Help Line 1300 651 251 1300 651 251 Kids Help Line 24 hours/7 days 1800 789 978 Beyond Blue 24 hours/7 days 1300 224 636 Parent Line 8 am - 12 midnight M - F 13 22 89 F 10am - 10pm weekends 1300 131 973 Child Protection Eastern 24 hours / 7 days 1800 858 858 Gambler's Help Line 24 hour toll free service 1300 131 973 Child Protection Eastern 24 hour toll free service 1300 360 391 Eastern Domestic Violence Outreach 9am - 5pm weekdays 5pm - 8.45pm A-Hours 9259 4200 Women's Domestic Violence Crisis Service 24hours/7 days 1800 015 188 Housing 9871 5199 9843 6577 Office of Housing - Ringwood 98m - 6pm weekends 1800 800 531 Melbourne Youth Support 10am - 8pm M- F 9614 3688 10am - 6pm weekends 1800 800 800 531 800 800 800 531 Worker Crise Actional sessesment & referral 24 hour toll free service 180	ATAPS After Hours Support Service – only		1800 859 585
Lifeline24 hours/7 days13 11 14Suicide Help Line24 hours/7 days1300 651 251Kids Help Line24 hours/7 days1300 789 978Beyond Blue24hours/7 days1300 224 636Parent Line8 am - 12 midnight M - F 10am - 10pm weekends13 22 89Gambler's Help Line24 hours / 7 days1800 858 858Gamblers Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 301 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Ringwood9871 5199Office of Housing - Ringwood Office of Housing - Ringwood10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688Directline - phone counselling & referral Syringe Program24 hour toll free service1800 808 531 8 0414 266 203Directline - phone counselling & referral for young people24 hour toll free service1800 014 446 6 203Syringe Program24 hour toll free service 1300 - 11pm/ 7 nights0414 266 203 2355Syringe Helpline Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068	for ATAPS clients		
Suicide Help Line1300 651 251Kids Help Line24 hours/7 days1800 551 800Men's line24hours/7 days1300 789 978Beyond Blue1300 224 636Parent Line8 am - 12 midnight M - F 10am - 10pm weekends13 22 89Gambler's Help Line24 hours / 7 days1800 858 858Gambler's Help Eastern24 hour toll free service1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688 1800 800 5311800 888 236CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203 2355 Family Orug Help The 'listening ear' service for young people1800 014 446Syringe Helpline Family Drug Help The 'listening ear' service for families experiencing D&A difficulties24 hour toll free service1800 014 446	Suicide Call back service		1800 445 511
Suicide Help Line1300 651 251Kids Help Line24 hours/7 days1800 551 800Men's line24hours/7 days1300 789 978Beyond Blue1300 224 636Parent Line8 am - 12 midnight M - F 10am - 10pm weekends13 22 89Gambler's Help Line24 hours / 7 days1800 858 858Gamblers Help Eastern24 hour toll free service1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 36881300 800 531Directline - phone counselling & referral Syringe Program24 hour toll free service1800 888 236CHOPER - Community Outreach Needle & Syringe Program24 hour toll free service1800 014 4466Syringe Program24 hour toll free service1800 014 4466Syringe Helpline Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068	Lifeline	24 hours/7 days	13 11 14
Kids Help Line 24 hours/7 days 1800 551 800 Men's line 24hours/7 days 1300 789 978 Beyond Blue 1300 224 636 Parent Line 8 am - 12 midnight M - F 13 22 89 Gambler's Help Line 24 hours / 7 days 1800 858 858 Gambler's Help Eastern 1300 131 973 Child Protection Eastern 24 hour toll free service 1300 360 391 Eastern Domestic Violence Outreach Service 9am - 5pm weekdays 5pm - 8.45pm A-Hours 9259 4200 Women's Domestic Violence Crisis Service 24hours/7 days 1800 015 188 Housing 9871 5199 9873 5199 Office of Housing - Ringwood 9871 5199 9843 6577 Office of Housing - Box Hill 10am - 8pm M- F 9614 3688 Nelbourne Youth Support 10am - 8pm M- F 9614 3688 1800 800 531 8 Public Holidays 1800 888 236 CHOPER - Community Outreach Needle & Syringe Program 7.30 - 11pm/ 7 nights 0414 266 203 YAS Drug & alcohol assessment & referral for young people 24 hour toll free service 1800 014 446 Syringe Helpline 1800 552 355	Suicide Help Line		1300 651 251
Men's line 24hours/7 days 1300 789 978 Beyond Blue 1300 224 636 Parent Line 8 am – 12 midnight M – F 1302 224 636 Gambler's Help Line 24 hours / 7 days 1800 858 858 Gambler's Help Eastern 1300 131 973 Child Protection Eastern 24 hour toll free service 1300 360 391 Eastern Domestic Violence Outreach 9am – 5pm weekdays 9259 4200 Service 9871 5199 9871 5199 Office of Housing – Ringwood 9871 5199 9843 6577 Office of Housing – Box Hill 10am – 8pm M- F 9614 3688 Melbourne Youth Support 10am – 8pm M- F 9614 3688 10am – 6pm weekends 8 Public Holidays 1800 888 236 CHOPER – Community Outreach Needle & 7.30 – 11pm/ 7 nights 0414 266 203 Syringe Program 24 hour toll free service 1800 014 446 for young people 24 hour toll free service 1800 014 446 for young people 24 hour toll free service 1800 014 446 for young people 24 hour toll free service 1800 014 446 for young		24 hours/7 days	
Beyond Blue1300 224 636Parent Line8 am - 12 midnight M - F 10am - 10pm weekends13 22 89Gambler's Help Line24 hours / 7 days1800 858 858Gamblers Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood9871 51999871 5199Office of Housing - Box Hill10am - 8pm M- F 10am - 6pm weekends9614 3688 1800 800 531Directline - phone counselling & referral Syringe Program24 hour toll free service1800 888 236 CHOPER - Community Outreach Needle & 7.30 - 11pm/ 7 nightsDirectline - phone counselling & referral for young people24 hour toll free service 1800 014 266 2031800 014 446 for young peopleSyringe Helpline Family Drug Help The 'listening ear' service for families experiencing D&A difficulties24 hour toll free service 1300 660 068			
Parent Line8 am - 12 midnight M - F 10am - 10pm weekends13 22 89Gambler's Help Line24 hours / 7 days1800 858 858Gamblers Help Eastern24 hour toll free service1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill9am - 8pm M- F 10am - 8pm M- F9614 3688 1800 800 531Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays1800 888 236 CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203 1800 014 446Syringe Helpline Family Drug Help The 'listening ear' service for families experiencing D&A difficulties24 hour toll free service1800 552 355			
F 10am - 10pm weekendsGambler's Help Line24 hours / 7 days1800 858 858Gamblers Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill9871 5199Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688Directline - phone counselling & referral Syringe Program24 hours/7 days1800 888 236CHOPER - Community Outreach Needle & Syringe Helpline7.30 - 11pm/ 7 nights0414 266 203Syringe Helpline Family Drug Help The 'listening ear' service for families experiencing D&A difficulties24 hour toll free service1800 552 355		8 am – 12 midnight M –	
10am - 10pm weekendsGambler's Help Line24 hours / 7 days1800 858 858Gamblers Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill9871 5199 9843 65779843 6577Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688 1800 800 531 8 7.30 - 11pm/ 7 nights1800 888 236Directline - phone counselling & referral Syringe Program24 hour toll free service1800 014 446 for young people24 hour toll free service1800 014 446Syringe Helpline Family Drug Help The 'listening ear' service for families experiencing D&A difficulties24 hour toll free service1800 552 355		-	15 22 05
Gambler's Help Line24 hours / 7 days1800 858 858Gamblers Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill9871 51999873 6577Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688 1800 800 531 & 1800 800 531Directline - phone counselling & referral Syringe Program24 hours/7 days1800 888 236 CHOPER - Community Outreach Needle & Syringe Helpline7.30 - 11pm/ 7 nights0414 266 203 CHOPER - 1800 014 446 for young peopleSyringe Helpline Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 0681300 660 068			
Gamblers Help Eastern1300 131 973Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill9871 5199 9843 65779871 5199Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688 1800 800 531Directline - phone counselling & referral Syringe Program24 hours/7 days1800 888 236 1800 014 4266 203Syringe Program Syringe Helpline24 hour toll free service 1300 660 0681800 014 446 1300 660 068		rouni ropin weekends	
Child Protection Eastern24 hour toll free service1300 360 391Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill9871 5199 9843 65779873 5199 9843 6577Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688 1800 800 531Directline - phone counselling & referral Syringe Program24 hours/7 days1800 888 236 CHOPER - Community Outreach Needle & Syringe Helpline7.30 - 11pm/ 7 nightsYSAS Drug & alcohol assessment & referral for young people Syringe Helpline24 hour toll free service 1300 660 0681800 552 355Families experiencing D&A difficulties1300 660 0681300 660 068	Gambler's Help Line	24 hours / 7 days	1800 858 858
Eastern Domestic Violence Outreach Service9am - 5pm weekdays 5pm - 8.45pm A-Hours9259 4200Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill9871 51999873 5199Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688 1800 800 531Directline - phone counselling & referral Syringe Program24 hours/7 days1800 888 236 0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service 1800 014 4461800 014 446 1300 660 068Syringe Helpline1800 552 3551300 660 0681300 660 068	Gamblers Help Eastern		1300 131 973
Service5pm - 8.45pm A-HoursWomen's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing - Ringwood Office of Housing - Box Hill9871 5199Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688 1800 800 531Directline - phone counselling & referral Syringe Program24 hours/7 days1800 888 236CHOPER - Community Outreach Needle & for young people7.30 - 11pm/ 7 nights0414 266 203Syringe Helpline24 hour toll free service 1800 552 3551800 552 355Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068	Child Protection Eastern	24 hour toll free service	1300 360 391
Women's Domestic Violence Crisis Service24hours/7 days1800 015 188Housing Office of Housing – Ringwood Office of Housing – Box Hill9871 5199Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am – 8pm M- F 10am – 6pm weekends & Public Holidays9614 3688 1800 800 531Directline – phone counselling & referral Syringe Program24 hours/7 days1800 888 236 0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service 1800 014 4461800 014 446 1300 660 068Syringe Helpline1800 552 3551300 660 068	Eastern Domestic Violence Outreach	9am – 5pm weekdays	9259 4200
Housing Office of Housing – Ringwood Office of Housing – Box Hill9871 5199 9843 6577Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am – 8pm M- F 10am – 6pm weekends & Public Holidays9614 3688 1800 800 531Directline – phone counselling & referral Syringe Program24 hours/7 days1800 888 236CHOPER – Community Outreach Needle & Syringe Program7.30 – 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service 1800 014 4461800 0552 355Family Drug Help The `listening ear' service for families experiencing D&A difficulties1300 660 068	Service		
Housing Office of Housing – Ringwood Office of Housing – Box Hill9871 5199 9843 6577Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am – 8pm M- F 10am – 6pm weekends & Public Holidays9614 3688 1800 800 531Directline – phone counselling & referral Syringe Program24 hours/7 days1800 888 236CHOPER – Community Outreach Needle & Syringe Program7.30 – 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service 1800 014 4461800 0552 355Family Drug Help The `listening ear' service for families experiencing D&A difficulties1300 660 068			
Housing Office of Housing – Ringwood Office of Housing – Box Hill9871 5199 9843 6577Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am – 8pm M- F 10am – 6pm weekends & Public Holidays9614 3688 1800 800 531Directline – phone counselling & referral Syringe Program24 hours/7 days1800 888 236CHOPER – Community Outreach Needle & Syringe Program7.30 – 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service 1800 014 4461800 0552 355Family Drug Help The `listening ear' service for families experiencing D&A difficulties1300 660 068	Women's Domestic Violence Crisis Service	24hours/7 days	1800 015 188
Office of Housing – Ringwood Office of Housing – Box Hill9843 6577Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am – 8pm M- F 10am – 6pm weekends & Public Holidays9614 3688 1800 800 531Directline – phone counselling & referral CHOPER – Community Outreach Needle & Syringe Program24 hours/7 days1800 888 236 0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service 1800 552 3551800 552 355 1300 660 068			
Office of Housing – Box HillMaternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am – 8pm M- F9614 368810am – 6pm weekends & Public Holidays1800 800 531Directline – phone counselling & referral24 hours/7 days1800 888 236CHOPER – Community Outreach Needle & Syringe Program7.30 – 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 3551300 660 068Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068			
Maternal & Child Health Telephone Service24hours/7 days13 22 29Melbourne Youth Support10am - 8pm M- F9614 368810am - 6pm weekends & Public Holidays1800 800 531Directline - phone counselling & referral24 hours/7 days1800 888 236CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 3551300 660 068Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068			
Melbourne Youth Support10am - 8pm M- F 10am - 6pm weekends & Public Holidays9614 3688 1800 800 531Directline - phone counselling & referral CHOPER - Community Outreach Needle & Syringe Program24 hours/7 days1800 888 236YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 3551800 552 355Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068		24hours/7 days	13 22 29
Directline - phone counselling & referral24 hours/7 days1800 800 531Directline - phone counselling & referral24 hours/7 days1800 888 236CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 3551800 552 355Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068			
& Public HolidaysDirectline - phone counselling & referral24 hours/7 days1800 888 236CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 3551300 660 068Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068		•	
Directline – phone counselling & referral24 hours/7 days1800 888 236CHOPER – Community Outreach Needle & Syringe Program7.30 – 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 3551300 660 068Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068		•	1000 000 001
CHOPER - Community Outreach Needle & Syringe Program7.30 - 11pm/ 7 nights0414 266 203YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 355Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068			
Syringe ProgramYSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 355Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068	Directline – phone counselling & referral	24 hours/7 days	1800 888 236
Syringe ProgramYSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 355Family Drug Help The 'listening ear' service for families experiencing D&A difficulties1300 660 068			0414 266 203
YSAS Drug & alcohol assessment & referral for young people24 hour toll free service1800 014 446Syringe Helpline1800 552 355Family Drug Help The `listening ear' service for families experiencing D&A difficulties1300 660 068	•		
for young people1800 552 355Syringe Helpline1800 552 355Family Drug Help The 'listening ear' service1300 660 068for families experiencing D&A difficulties1300 660 068	YSAS Drug & alcohol assessment & referral	24 hour toll free service	1800 014 446
Syringe Helpline1800 552 355Family Drug Help The 'listening ear' service1300 660 068for families experiencing D&A difficulties1300 660 068	-		-
Family Drug Help The `listening ear' service1300 660 068for families experiencing D&A difficulties1300 660 068			1800 552 355
for families experiencing D&A difficulties			
	Nurse on call		1300 606 024