



MHNP Consulting operates 9 – 5 Monday to Friday

## After-Hours Support Services

If you are requiring emergency services call "000"

Service	Hours	Contacts
Public Mental Health Triage <a href="http://www.health.vic.gov.au/mentalhealth/services/index.htm">http://www.health.vic.gov.au/mentalhealth/services/index.htm</a> Eastern Health Peninsula Mental Health Service Southern Health Austin Health St Vincent's Health	All 24hours/7 days	1300 721 927 1300 792 977 1300 369 012 1300 859 789 1300 558 862
ATAPS After Hours Support Service – only for ATAPS clients		1800 859 585
Suicide Call back service		1800 445 511
Lifeline	24 hours/7 days	13 11 14
Suicide Help Line		1300 651 251
Kids Help Line	24 hours/7 days	1800 551 800
Men's line	24hours/7 days	1300 789 978
Beyond Blue		1300 224 636
Parent Line	8 am – 12 midnight M – F 10am – 10pm weekends	13 22 89
Gambler's Help Line	24 hours / 7 days	1800 858 858
Gamblers Help Eastern		1300 131 973
Child Protection Eastern	24 hour toll free service	1300 360 391
Eastern Domestic Violence Outreach Service	9am – 5pm weekdays 5pm – 8.45pm A-Hours	9259 4200
Women's Domestic Violence Crisis Service	24hours/7 days	1800 015 188
Housing Office of Housing – Ringwood Office of Housing – Box Hill		9871 5199 9843 6577
Maternal & Child Health Telephone Service	24hours/7 days	13 22 29
Melbourne Youth Support	10am – 8pm M- F 10am – 6pm weekends & Public Holidays	9614 3688 1800 800 531
Directline – phone counselling & referral	24 hours/7 days	1800 888 236
CHOPER – Community Outreach Needle & Syringe Program	7.30 – 11pm/ 7 nights	0414 266 203
YSAS Drug & alcohol assessment & referral for young people	24 hour toll free service	1800 014 446
Syringe Helpline		1800 552 355
Family Drug Help The 'listening ear' service for families experiencing D&A difficulties		1300 660 068
Nurse on call		1300 606 024

Mb: 0425 723 609

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